

# Crowley Primary Care Newsletter

## Employee Tone-E Award

The Tone-E Award encourages positive attitude and rewards teamwork within our office. Employees write notes of appreciation to each other throughout the month. These notes, called "Tone-E's", are often used to comment co-workers for "going the extra mile" in the workplace. The staff member receiving the most Tone-E's at the end of the month wins the Tone-E Award. We are very proud of our Tone-E recipients.

### October:

Meet our October Tone-E Award Winner, Mackenzie. Mackenzie worked part time for us for 3 years while in college. She graduated in December of 2017 from UL with a Bachelor's in Accounting. She then began working full time as our Project Coordinator and Manager for our CPC+ Program. She is responsible for helping coordinate and organize activities for the staff as well as our patients. She also leads our PFAC organization and helps train new employees and answer our millions of questions. Mackenzie can always be found around our office with a smile on her face and is always willing to help with any task we throw her way.

## OUR 2018 CHRISTMAS PARTY



We hope you have a wonderful New Year

### December:

Meet our December Tone-E Award Winner, Kayla. Kayla is a nurse for Dr. Cannon and has been his nurse for close to eight years. When Kayla is away from the office she is working part-time at a local store here in Crowley. Kayla is a go getter and will complete any task thrown at her. On her off time, she enjoys catching up on sleep that she missed throughout her busy work week and she also enjoys watching Netflix. Kayla likes to have fun and act tough, but she is known to drop everything and help anyone when needed.

Let It Snow

### Activities

In October, we hosted a yoga class for our patients at B.O.S.S. Ladies in Crowley. We plan to host another health activity around the beginning of 2019.

For more information, call our office at (337)783-4043 and ask for Mackenzie.

### Medicare Annual Wellness Visits (AWV)

Medicare strongly encourages a wellness visit with your doctor in order to develop a personalized prevention plan. It is an approach to improving your health and preventing disease. It is very important that you have a wellness visit every 12 months. As a Medicare recipient, you do not pay for this appointment unless you receive other services. "Other" services include treatment for an existing condition or one that is identified during the visit. If you do receive any of these "other" services, you will be responsible for the cost of the treatment portion. If you have not had an AWV, please call our office to schedule one.

### The Great Sugar Drop!

We are introducing a new incentive program for our Diabetic patients called the Great Sugar Drop. If the patient has an elevated A1C, they are eligible to join the program, by doctor approval. Participating patients will come by the office every two weeks, no appointment needed, to record their weight and copy their blood sugar log. If their blood sugar level is acceptable and they are losing weight, they will not need to schedule an appointment for 3 months. At the end of the measurement period, patients who have lost 5 % of their body weight and have an A1C of 7 or below, will receive a gift from our office. Ask your doctor about the Great Sugar Drop during your next appointment!

### SAVE TIME AND HASSLE: GET THE CARE YOU NEED, WHEN YOU NEED IT

 <b>Crowley Primary Care</b> When you need treatment right away for minor illness and injuries	 Cuts & Scrapes	 Fevers & Colds	 Minor Burns	 Nosebleed
 Ear infection	 Minor allergic reaction	 Vomiting or diarrhea	 Pain (not heart pain)	

#### Less than 1 hour

Average wait time at after-hours clinics

#### 2 hours

Average ER wait time around the country

#### AFTER-HOURS CARE

If you are facing an urgent, non-life threatening condition, always call your doctor first. We always have a physician available through our 24 hour call system

#### EMERGENCY ROOM

When you need immediate treatment for serious life-threatening illnesses and injuries

Unsure? Call your primary care provider with questions 24/7 or to make a same day appointment

(337)783-4043