



Ear Piercing- After Care Instructions



It is important to follow the aftercare instructions recommended by your physician.



1. Thoroughly cleanse your hands with antimicrobial soap prior to any contact with your newly pierced ears.
2. **Cleanse the front and back of your ears twice daily for the next 6 weeks** by liberally applying alcohol with a saturated cotton ball or cotton swab, without removing the earring. Dry the area with a tissue. Gently slide the ear piercing earrings back and forth with each cleansing; then, gently rotate the earrings.
3. After 6 weeks you may carefully remove the earrings -- preferably after a shower.
 1. Wash hands.
 2. With one hand take hold of the jewelry part of the earring.
 3. With the other hand gently wiggle the back until it loosens
 4. Take the earring out of the earlobe.
4. Replace the earrings immediately with other post type earrings. We recommend replacing the earrings with hypo-allergenic earrings (surgical titanium, solid gold, or plastic).



Important Information:

- Do not touch your ears with unclean hands
 - Do not remove the earrings until recommended by your physician.
 - Make sure your newly pierced ears remain clean and dry. Cover your ears when applying hair spray, perfume, etc.
 - Take extra care when removing clothing over your head to prevent the earrings from getting caught.
 - Wear post type earrings continually for the first year after the piercing to ensure the piercing will remain the proper size. The holes can shrink and the skin can grow over the area if there are no earrings to keep them open.
 - Submerging your head in a swimming pool/lake/ocean should be avoided for the first week after the ear piercing.
 - Cover earring with a bandage while playing contact sports.
5. Monitor for symptoms of infection:



- Spreading redness 48 hours after the ear piercing procedure
- Pus/drainage from the holes
- Fever or pain



-Crowley Primary Care